



# WFMA

Waynesboro Family Medical Associates, LLP

## ADOLESCENT HEALTH HISTORY

(Use for ages 11-20 years)

Today's Date: \_\_\_\_\_

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

**PAST MEDICAL HISTORY** Previous doctor:  None  Yes (Name) \_\_\_\_\_

Allergies/reactions to medicines or vaccines: \_\_\_\_\_

Current Medications: (including vitamins, herbs, supplements, birth control pills)

Name	Dose	How many times per day	When started

Major Medical Problems:  None  Yes, (list) \_\_\_\_\_

Hospitalizations/ Operations:  None  Yes, (list) \_\_\_\_\_

Broken bones/Server Injuries:  None  Yes, (list) \_\_\_\_\_

**REVIEW OF SYSTEMS** Please check (✓) any current problems your child has on the list below:

**General**

\_\_\_ fevers/chills/excessive sweating

\_\_\_ unexplained weight loss/gain

**Eyes**

\_\_\_ squinting/cross eyes

**Ears/Nose/Throat**

\_\_\_ unusually loud voice/hard of hearing

\_\_\_ mouth breathing/snoring

\_\_\_ bad breath

\_\_\_ frequently runny nose

\_\_\_ problems with teeth/gums

**Heart/Cardiovascular**

\_\_\_ tires easily with exercise

\_\_\_ shortness of breath

\_\_\_ fainting

\_\_\_ chest pain with exercise

**Lungs/Respiratory**

\_\_\_ cough/wheeze

\_\_\_ chest pain

**Gastrointestinal**

\_\_\_ nausea/vomiting/diarrhea

\_\_\_ constipation

\_\_\_ blood in bowel movement

**Genitourinary**

\_\_\_ bedwetting

\_\_\_ pain with urination

\_\_\_ discharge penis or vagina

**Musculoskeletal**

\_\_\_ muscle/joint pain

**Skin**

\_\_\_ rashes

\_\_\_ unusual moles

**Allergy**

\_\_\_ hay fever/itchy eyes

**Neurological**

\_\_\_ Headaches

\_\_\_ weakness

\_\_\_ clumsiness

\_\_\_ speech problems

**Psychiatric/Emotional**

\_\_\_ anxiety/stress

\_\_\_ problems with sleep/nightmares

\_\_\_ depression

\_\_\_ nail biting/thumb sucking

\_\_\_ bad temper/breath holding/jealousy

**Blood/Lymph**

\_\_\_ unexplained lumps

\_\_\_ easy bruising/bleeding

**SOCIAL/SCHOOL HISTORY** Current grade: \_\_\_\_\_ Name of School \_\_\_\_\_

Concerns about school performance?  No  Yes, \_\_\_\_\_

Concerns about relationships with teachers?  No  Yes, \_\_\_\_\_ Students?  No  Yes, \_\_\_\_\_

School grades: \_\_\_\_\_ Best friend?  No  Yes \_\_\_\_\_ Many friends?  No  Yes \_\_\_\_\_ Dating?  No  Yes \_\_\_\_\_

Sexually active?  No  Yes Using birth control?  No  Yes \_\_\_\_\_ Would like more information?  No  Yes \_\_\_\_\_

Involved in activities /sports/exercise?  No  Yes (list) \_\_\_\_\_

Signature of person completing this form: \_\_\_\_\_

Reviewed by Provider: \_\_\_\_\_

# ADOLESCENT HEALTH HISTORY

Patient's Name: \_\_\_\_\_ Today's Date: \_\_\_\_\_

## FAMILY HISTORY

Please indicate family members (mother, father, sister, brother, aunt, uncle, grand parent)

Alcoholism \_\_\_\_\_ Heart attack \_\_\_\_\_ High cholesterol \_\_\_\_\_ Stroke \_\_\_\_\_  
Cancer \_\_\_\_\_ High blood pressure \_\_\_\_\_ Depression/suicide \_\_\_\_\_ Diabetes \_\_\_\_\_

In the past year, have there been any changes in your family? (check all that apply)

- Marriage  Separation  Divorce  Move to new neighborhood  Change to new school  Serious illness  
 Loss of job  Death  Birth  Other changes/stresses \_\_\_\_\_

Who live at home with you?

Name

Age

Relationship

## IMMUNIZATION/INFECTIOUS DISEASE

Did you bring your child's immunization record with you today?

- Yes  No  Will bring to next appointment  Records with another care provider (name) \_\_\_\_\_

Has your child had:  Chicken Pox  Measles  Mumps  Rubella  Tuberculosis (TB)  Hepatitis B  
 Meningitis  Pneumonia  Influenza (flu)  Other disease \_\_\_\_\_

## PREVENTION/SAFETY

What is your dentist's name? \_\_\_\_\_ Date of last dental exam: \_\_\_\_\_

Do you or does anyone in your home:

- Use tobacco products?  No  Me  Household member Type: \_\_\_\_\_ Amount: \_\_\_\_\_  
Drink alcohol?  No  Me  Household member Type: \_\_\_\_\_ Amount: \_\_\_\_\_  
Use illegal drugs?  No  Me  Household member Type: \_\_\_\_\_ Amount: \_\_\_\_\_

Does your home have smoke detectors?  No  Yes

Do you have a gun in your house?  No  If Yes, is it unloaded and out of reach?  No  Yes

Do you regularly use:

- Helmets for bikes/boards/ATVs/motorcycles?  No  Yes  
Seat belts when riding or driving a car?  No  Yes

## OTHER CONCERNS

Please review this list and check any concerns you have about the patient

- |   |   |   |
|---|---|---|
| <input type="checkbox"/> Physical development                   | <input type="checkbox"/> Emotional development  | <input type="checkbox"/> Sleep patterns                       |
| <input type="checkbox"/> Weight                                 | <input type="checkbox"/> Diet/Nutrition         | <input type="checkbox"/> Amount of physical activities        |
| <input type="checkbox"/> Relationship with parents and family   | <input type="checkbox"/> Choice of friends      | <input type="checkbox"/> Self image/self worth                |
| <input type="checkbox"/> Excessive moodiness or rebellion       | <input type="checkbox"/> Depression             | <input type="checkbox"/> Lying, stealing, vandalism           |
| <input type="checkbox"/> Violence/gangs/guns/weapons            | <input type="checkbox"/> School grades/absences | <input type="checkbox"/> Drug use                             |
| <input type="checkbox"/> Smoking/chewing tobacco                | <input type="checkbox"/> Alcohol use            | <input type="checkbox"/> Sexual behavior                      |
| <input type="checkbox"/> Sexual orientation (heterosexual, gay) | <input type="checkbox"/> Pregnancy risk         | <input type="checkbox"/> Sexually transmitted diseases (STDs) |

What is the greatest challenge for you/your child? \_\_\_\_\_

What about you/your adolescent makes you proud? \_\_\_\_\_

Is there anything you would like to discuss in private today? \_\_\_\_\_

Signature of person completing this form: \_\_\_\_\_

Reviewed by Provider: \_\_\_\_\_